



Book Club in a Bag

The Woo-Woo by Lindsay Wong

1. *The Woo-Woo* explores Wong's childhood and illustrates how family shapes people. Discuss the challenges Wong faced growing up and how they have affected her as a person.
2. Wong is very cognizant of the woo-woo despite her efforts to leave the superstition behind. Discuss the impact the woo-woo has in Wong's life and her family's struggles with mental illness.
3. The CBC quotes Wong in saying, "I hope everyone can relate to this idea that mental illness is not shameful or taboo or a stigma, especially Chinese Canadians" (January 31, 2019). How has society's perception of mental illness changed, or not changed. Do you think works of art can help break down societal stigmas?
4. Migration and travel are important themes in the book. How has growing up in this transnational city shaped the way she saw the world? Discuss Wong's use of the term "Hongcover" and the creation of terms to define a new sense of identity.
5. Describe the family dynamics in Lindsay Wong's family. How were the relationships between her Mother, Father, and her Grandmother? Discuss the influence these relationships had on Wong's life.
6. The CBC describes *The Woo-Woo* as a darkly comedic memoir. Discuss how Wong uses comedy to tell her story.
7. Discuss the symbolism of the cover art.
8. Is there a specific scene in *The Woo-Woo* that has stayed with you? What will you remember most about this history?

The above questions were taken written by Clarington Public Library staff to enhance your discussion of the book.

<https://quillandquire.com/review/the-woo-woo-how-i-survived-ice-hockey-drug-raids-demons-and-my-crazy-chinese-family/>

<https://www.cbc.ca/books/the-woo-woo-by-lindsay-wong-1.4759689>

Author Biography

Lindsay Wong is a Canadian author. She holds a Bachelor of Fine Arts degree in Creative Writing from the University of British Columbia and a Master of Fine Arts in Literary Nonfiction from Columbia University. *The Woo-Woo* is her debut memoir.

<https://lindsaymwong.wordpress.com/>

Book Club in a Bag Terms of Use

Simplify your book club selection with Book Club in a Bag! These kits contain **12 copies** of book-club-worthy titles, from biography to historical suspense, along with a discussion guide.

Visit our website at www.clarington-library.on.ca/bookclubinabag to see a list of available titles, view the availability calendar and fill in a Book Club in a Bag Request Form.

Booking a Kit

- Booking may be made up to a year in advance
- Please check the calendar accessible on our website for availability
- Fill out the form with your information, and a staff member will be in touch to confirm your booking.
- Pick up your hold at the circulation desk. Your notification may come in a few days early, but it will remain available until your specified pick up date.

Terms of Loan

- 12 copies and one (1) audiobook) are included in this kit.
- 6 week loan period.
- \$3.00 per day late fee.
- No renewals.
- Kit may be picked up at or returned to any branch.
- Kit must be returned at the desk during operating hours, not through an exterior drop box.
- All 13 items are checked out to one member's card.
- The member who borrowed the kit is responsible for:
 - The distribution and return of all 13 items to his or her group members; and
 - Any damages to the books/bag, or lost items. The cost of a damaged or lost book varies depending on the item.