1. Russell is initially portrayed as a man with a perfect life, at least on the outside. Discuss the dichotomy between Russell’s exterior persona and his internal struggles.

2. Russell values his marriage and works hard to overcome the problems he and Vivian are facing. However, Vivian does not always treat Russell with respect. Discuss your perceptions of their relationship. Do you think Russell should have stood up for himself?

3. Money and career choices increase the tensions between Russell and Vivian. Discuss the changes in the characters’ lives and how this affects their marriage.

4. Discuss Russell’s relationship with his daughter, London.

5. As Russell struggles to re-build his life with his daughter, he faces many obstacles. Discuss the importance of hope as Russell re-defines his life.

6. Sparks starts each chapter with one of Russell's past memories. How did this writing style contribute or distract to your understanding of the story?

7. Discuss the relationship between Russ and Emily.

8. How does the relationship between Marge and Liz compare with Russ’s relationships?

9. What is the significance of the title?

10. In your opinion, how does this novel compare to other works by Nicholas Sparks?

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